



*National Conference on Student Leadership

NOVEMBER 18-19, 2022 • ORLANDO, FL



CONFERENCE WELCOME



We eagerly look forward to our student leadership conferences because of the friendly, talented, and dedicated people we meet. I am especially excited to welcome you to the National Conference on Student Leadership and I look forward to seeing you at many more. I have confidence you will return to your campus with new ideas, new enthusiasm, and maybe some new professional colleagues. If you have a chance, please stop by the registration desk to say hello and let us know if there's anything we can do to improve your experience here.

Sincerely,

William H. Haight

President of Magna Publications, producer of the
National Conference on Student Leadership

NCSL STAFF

The Magna Publications team is here to assist you throughout the conference. Please contact us if we can be of service.



Deepti Bansal
Editorial department coordinator
Deepti.bansal@magnapubs.com



Laura Czerwinski
Conference and meeting planner
Laura.czerwinski@magnapubs.com



Marcus Manning
NCSL Associate



Kevin Patrick
Sales Manager
Kevin.patrick@magnapubs.com



William Haight
President
Bill.Haight@magnapubs.com



Karin Van Voorhees
Editorial director
Karin.vanvoorhees@magnapubs.com

GENERAL INFORMATION

Networking Opportunities

- Attend the opening keynote and reception on Friday
- Participate in Open Mic
- Attend as many sessions as possible
- Use the breaks between sessions to continue conversations
- Share a meal with someone you don't know
- Use the networking portion of the conference app to plan social time or connect with other attendees beyond the conference
- Tweet #NCSL22

Wi-Fi

Enjoy complimentary Wi-Fi in the meeting rooms using the password **NCSL22** (*case sensitive*)

Name Badges

Name badges are required for all sessions, meals, and keynote presentations. Please wear your name badge at all times. If you lose your name badge, please see a conference staff member at the registration desk for a replacement.

Photos

Magna Publications may be photographing or videotaping during the conference. Please let us know if you would not like to be photographed or videotaped.

Contact Comfort Level

Express your social distance preference by wearing a colored wristband located near conference registration.

- Red: No Contact – No Exceptions
- Yellow: Talking not Touching – I'm Cautious
- Green: Handshakes & High Fives – Frequent hand washer

Evaluation

You will receive an electronic survey after the conference via email. Please complete it! Your feedback helps us improve future programs.

Sessions

Please keep in mind that sessions are available on a first-come basis and seating may be limited. Please be prompt; some sessions will fill early. Please have your second and third choices ready. If you attend a session and realize it's not for you, please feel free to leave and join another session.

STAY CONNECTED...



@NCSLConference



@ncslconference_



@NCSLConference

PROGRAM-AT-A-GLANCE

Color Key: **All Attendees** **Advisor Experience** **Student Workshops**

FRIDAY, NOVEMBER 18

8:00am–5:00pm	Registration Open
9:00–10:30am	Conference Welcome & Keynote: The Art of Being You
10:45–11:45am	Student Workshops: Networking
10:45–11:45am	Advisor Experience: Welcome, Community Building, and Program Overview
12:00–1:30pm	Lunch
1:45–2:45pm	Student Workshops: Communication for Leaders
1:45–4:00pm	Advisor Experience: Experiential Learning and Reflective Dialogue: Overview and Hands-on Practices
3:00–4:00pm	Student Workshops: Self-care & Wellness
4:00–5:00pm	Networking Reception
7:30–9:30pm	Open Mic

SATURDAY, NOVEMBER 19

7:30–8:15am	Continental Breakfast
8:15–8:30am	Welcome and Morning Announcements
8:30–10:00pm	All-Conference Leadership Event: Leadership Lab - Learning to Love Your Leadership Style
10:15–11:15am	Student Workshops: 21st Century Leadership
10:15am–12:30pm	Advisor Experience: Training & Facilitation Best-Practices
11:30am–12:30pm	Student Workshops: Leadership for Change and Inclusivity
12:45–1:45pm	Lunch
2:00–3:00pm	Student Workshops: Life Skills and Personal Development
2:00–3:00pm	Advisor Experience: Celebrations and Certificates
3:15–4:30pm	Final Wrap-up: Leadership Lab - What is Your Leadership Superpower?
4:30pm–	Certificates Available and Conference Adjourns

Student Workshop Blocks

21ST CENTURY LEADERSHIP

Leadership skills with an emphasis on developing critical thinking; creativity; collaboration; communication; information, technology, and media literacy; flexibility; initiative; productivity; and social skills.

COMMUNICATION FOR LEADERS

Sessions will help students master articulating a vision, communicating in groups, presenting to stakeholders, and other aspects of public motivational speaking.

NETWORKING

Creating and expanding a personal network is a critical leadership skill. Workshops in this category help students create meaningful connections and build impactful relationships.

LEADERSHIP FOR CHANGE AND INCLUSIVITY

Whether it is striving for social justice, working to reduce food deserts in the community, promoting campus civility, or other cause-driven initiatives, this work requires exceptional leadership skills.

LIFE SKILLS AND PERSONAL DEVELOPMENT

Workshops in this block teach the leadership skills students need to prepare for the world that awaits beyond the traditional college and university walls.

SELF-CARE AND WELLNESS

Mental and physical health are key components of success. These workshops focus on mental health, self-care, and wellness for students.

ADVISOR TRAINING EXPERIENCE

SPECIAL PROGRAM FOR ADVISORS!

If you are a student leadership advisor, plan to attend the **Advisor Training Experience** presented by **Leadership Trainer**. Advisors will receive a specially curated, comprehensive, and engaging train-the-trainer experience. Specifically, **Leadership Trainer** will lead a hands-on experience for student leader advisors that enhances their leadership training and facilitation skills—particularly with experiential learning and reflective dialogue.

Advisors will learn inclusive best-practices to ensure all participants can access the training message and material, internalize learning, and apply their learning to their practice. This is achieved through:

- Facilitating experiential learning activities
- Hosting reflective dialogue
- Coordinating training preparatory measures
- Engaging in identity exploration and development
- Navigating training obstacles
- Communicating effectively as a trainer

STUDENT LEADER ADVISOR INCENTIVES

NCSL student leader advisors will receive a dynamic and engaging leadership train-the-trainer experience as well as other bonuses, goodies, and incentives. Specifically, this includes:

- A specially curated training curriculum led by master trainers and expert facilitators.
- Hands-on learning opportunities to experiment with dynamic facilitation techniques.
- A digital copy of Leadership Trainer's 330-page Training Manual. This includes overviews of dozens leadership theories and practices, an in-depth review of Leadership Trainer's Narrative Approach (methodology and pedagogy), instructions on how to facilitate an extensive array of experiential learning activities, and space for reflections and notes—all packaged in a colorful, creative, engaging, and inspired format.
- A trifecta of digital resources including our:
 - Training Preparation Checklist,
 - 90 Ice-Breaker Questions for Meaning and Depth, and
 - 18 Go-to Reflective Dialogue Questions pdfs.
- Access to Leadership Trainer's private Facebook group and unlimited monthly Jam Sessions to further their leadership training and development.
- Intentional networking and relationship-building opportunities—at NCSL and beyond—with a community of passionate leadership educators.

LEADERSHIP TRAINER PRESENTERS



Jonathan Kroll

Jonathan Kroll, PhD, is the founder, executive director, and master trainer. He began his career as a university administrator by focusing on leadership development, community engagement, and reflection initiatives. He has co-founded two leadership training businesses in addition to Leadership Trainer.

Over the last decade, Jonathan has facilitated over 300 leadership workshops, retreats, trainings, and conference presentations, including classes to thousands of participants across four continents. In addition to serving as executive director and master trainer with Leadership Trainer, Jonathan is a lecturer in the Professional Leadership Studies program and acting director of academic programs in the School of Professional Studies at the University of Rhode Island.



Daymyen Layne

Daymyen Tyler Layne, with over 20 years of experience in business and higher education, is the Founder and CEO of The Layne Group (TLG), consulting firm. TLG's focus is on Organizational and Executive Leadership Development from a lens of emotional intelligence. Through a motto of "Changing Minds to Make Change", The Layne Group

seeks to use the social science and research behind human connection to make sure our work and our passion collide. Additionally, Daymyen serves as the director for multicultural education and training at Quinnipiac University.



Sarah Edwards

Sarah Edwards, PhD is a student affairs professional with over 15 years of experience focusing on student success, student organization advising, and student involvement. Sarah currently serves as the director of Student Involvement and Leadership Programs at New Mexico State University where she oversees areas including

fraternity and sorority life, student media, student government, leadership engagement & traditions, campus and community programs, and student organization training and development. She earned her PhD in higher education at Azusa Pacific University.

WERE YOU CERTIFIED AT LAST YEAR'S NCSL?

You'll join our graduate program for even more in-depth training and a chance to practice your skills during NCSL.

COMPLETE PROGRAM

FRIDAY, NOVEMBER 18

8:00AM–5:00 PM

REGISTRATION OPEN

Registration is open to all participants.

Room: Florida Foyer

9:00–10:30 AM

CONFERENCE WELCOME & KEYNOTE

The Art of Being You

Stan Pearson, *Breathe Diversity, LLC - Mental Flight School*

Everyone has a purpose, everyone has a gift, and everyone has confidence deep down that they wish would blossom as they get out into the world and learn more about themselves. The Art of Being You will teach you how to be the BEST version of yourself. This presentation teaches the value of leadership and how to motivate yourself during good and bad times. Having confidence and being a super you is indeed a super power and this keynote experience will show exactly how to be the best version of yourself even when it isn't easy. Be prepared to be creative, be your own best friend, be present, be consistent and absolutely be resilient!

Room: Florida Ballroom 1-4

10:45–11:45 AM

ADVISOR EXPERIENCE

Welcome, Community Building, and Program Overview

Jonathan Kroll, *Leadership Trainer*

In our inaugural session, we'll build community amongst the student leader advisors and provide an outline for these two days. This hour will be spent engaging in icebreakers, crafting community agreements, and reviewing the schedule for this experience.

Room: Florida Ballroom 5-6

NETWORKING

Nurturing Mutually Reliant Relationships

Jennifer Valtos, *Life University*

Serving as a leader on campus often requires you to engage with others in environments that can be extremely beneficial or potentially harmful. What would your relationships be like if you could interact with others in a way that recognized our reliance on others to be successful? How might we engage differently with others if we embraced what we have in common rather than focusing on our differences? This session focuses on the mutual reliance of our relationships and provides some concrete examples

of how we can focus on our similarities versus our differences to better understand and cultivate our interdependence. Participants will explore some of the things we all have in common as human beings and begin to discover the concept of interdependence, learn the importance of interdependence in their relationships with other campus leaders, and begin to explore the importance of context in systems thinking.

Room: Florida Ballroom 7

How to Not Suck at Networking

Ashley Owens, *Ashley Assists LLC*

Networking is such a personal activity—it is not a one-size-fits-all practice. It's easy to get bogged down in the details and miss out on the foundation of how to build and retain an effective network. At the end of the day, no one cares what you do as much as whether you know and like them and whether you can be trusted. In an industry built on the power of connecting face-to-face, establishing and growing meaningful relationships is undeniably critical to long-term success. During the current pandemic, networking has shifted from onsite to fully online. In this presentation, networking concierge Ashley Owens shares ways to nurture your current business relationships to create your own tactical, individualized approach. Save time by recognizing the best strategic partners and effectively engaging contacts through email, messaging, social media, and other digital tools. Dive in and engage with your peers in this highly interactive session, and learn how to balance your strengths, network strategically and with confidence, and craft an authentic, powerful, professional networking process to achieve a wildly successful career.

Room: Key West BC

Anatomy of Mentorship 2.0

Liska Wilson, *MNT Development*

Mentors are an essential part of the networks of great leaders, but for even the most adept student leaders, building connections (i.e., networking) can be an elusive and intimidating feat, especially off campus with professionals in the field. When the primary source of mentors for students are their already busy and often overworked professors, finding career elevating mentors as a student can be a challenge. In this session, students learn how to identify what they need in a mentor (or mentors), networking strategies for finding them, and two frameworks for building impactful relationships with them. Students will leave with easy to implement next steps for wherever they are in their mentorship journey. After this session, student will be able to articulate a vision for their mentorship, assess their readiness for a mentorship, and create a plan for finding and maintaining their next mentorship.

Room: Key Largo A

Communicating the Impossible—How to Build Your Network in Rhythm

Stan Pearson, *Breathe Diversity, LLC – Mental Flight School*

Your network equals your net worth! If you haven't heard this phrase before we'll discuss how you can explode your network and build relationships that matter. Understanding how you move is paramount to strong relationships. Relationships hold the key to just about every dream you have for your future. You'll learn 5 keys during this session that will change your life and the way you move. You'll also have a chance to win \$100. But how, Stan? You'll have to come and stay to the end to find out. You'll learn how to connect, collaborate, and confidently express yourself while keeping your rhythm. If you've ever wondered how to communicate while moving in the right direction, than this is the session for you.

Room: Key Largo BC

12:00–1:30 PM

LUNCH

Room: Florida Ballroom 1-4

1:45–2:45 PM

COMMUNICATION FOR LEADERS

How to Have a Difficult Conversation

Chantelle Fitzgerald, *Mindset Strategies*

Have you ever said yes to someone when you really wanted to say no? Have you ever avoided a conversation because you felt too uncomfortable to address the situation? Have you ever stayed quiet in a meeting for fear of speaking up? If you answered yes to any or all of these questions this workshop is for you. In this workshop you will learn the five steps it takes to have a difficult conversation and a listening technique that will serve you for life, (if practiced regularly). You will not want to miss this workshop. P.S.: Come prepared with a difficult conversation you either need to have, should have had, or would like to "re-do" if given the opportunity. See you soon!

Room: Florida Ballroom 7

Cultivate Strengths, Not Deficiencies – Breakthrough Success

Sharod Tomlinson, *St. John's University*

Learn about breakthrough skills for your personal and professional life. These core values become the scaffolding for a new leadership model. They are designed to expand the way participants think about change, resources, planning, and leadership. This session teaches strengths-based development is unique in that it builds on one's areas of greatest potential; a better understanding of benefits of coaching / mentoring; and how to focus on achieving collective results — the ultimate goal of building greater trust, commitment, and accountability.

Room: Key West BC

Influencing Up, Down, and Across Your College Campus

Jermaine Davis, *Jermaine M. Davis Seminars and Workshops, Inc.*

Can you effectively influence up, down, and across your college campus? Do people really listen when you talk? Can you assess a situation quickly and adapt your message to accomplish your communication and leadership goals? Do you know how to authentically motivate and inspire others to take positive action across your college campus? In this engaging session Jermaine will share his latest research on how leaders can use the principles and practices of communication and influence to increase team collaboration and institutional effectiveness. This presentation is based on his bestselling book, *Leading with Greatness! Moving from Chaos and Conflict to Communication and Cooperation*. Get ready to laugh, learn, and of course have FUN! You'll learn how to motivate others using the practices of relationship-based and task-based leadership; create an authentic leadership brand utilizing the Likeability Factor; build a culture of appreciation and celebration using the R.A.P. Philosophy; rebuild and restore employee and leadership trust utilizing the 4 A's Approach; lead with positivity and optimism by utilizing facilitative emotions; and communicate effectively and efficiently as a leader utilizing the Carpenter's Rule.

Room: Key Largo A

SELF-CARE & WELLNESS

Owning your Leadership: Create Sustainable Habits

Kyla Cofer, *Kyla Cofer Coaching & Consulting*

The mark of a great leader is someone who can take ownership of their own life, while also bringing other people into a compelling story. When leaders get too busy to take care of themselves, not only do they personally suffer, but so does the story they're trying to tell. This is when burnout, compassion fatigue, or just plain misery creep in. The good news is that it's completely possible to prevent these declines with a few sustainable habits. Participants learn these habits and how to apply them in a fun and engaging way that keeps them telling a mighty leadership story for the long-term. Leave this session knowing: how to dance the Cha-Cha, what causes burnout, how to rest without feeling guilty, and why personal development matters to the leader.

Room: Key Largo BC

1:45–4:00 PM

ADVISOR EXPERIENCE

Experiential Learning and Reflective Dialogue: Overview and Hands-on Practices

Experiential learning activities and reflective dialogue, when utilized in tandem, are what enables training experiences to be transformative. During this session block, student leader advisors will explore the core facets and nuances of experiential learning and reflective dialogue before having ample time to experiment—as both participants and facilitators—of them.

Room: Florida Ballroom 5-6

3:00–4:00 PM

SELF-CARE & WELLNESS

Become an Overcomer: Mental Health in Leadership

Brittany Richmond

In this session, Brittany shares her personal experience with anxiety in detail. She creates a safe, vulnerable place to connect with students through humor and emotion—from the ones who choose to interact to those quietly observing from the back of the room. Through her expertise both professionally and with her personal struggles with anxiety, she has developed a proven four-step process to help students start to develop personal coping mechanisms to help them grow into happy, healthy individuals. After this session, students will have a visual understanding of anxiety and be able to detail and execute the T.E.A.M plan so students can have a SIMPLE roadmap to start to implement in their daily lives.

Room: Florida Ballroom 7

Does Batman Really Belong in the Justice League? Fighting Impostor Phenomenon

Benjamin Jeppsen, *Augustana University*

This workshop explores Impostor Phenomenon—a subjective experience in which people doubt their accomplishments and have a persistent fear of being discovered as a fraud. Impostor Phenomenon is more common than most think and is prevalent in both men and women in higher education. Impostor Phenomenon is especially common in high achieving students and leaders—especially early career leaders. Impostor Phenomenon is associated with anxiety, depression, low self-esteem, and eventually burnout. Though these supposed “impostors” don’t actually underperform their peers, they believe they may be inferior because they doubt the authenticity of previous successes. These cognitive patterns of self-doubt are significant but treatable! Using cognitive therapy as a foundation, I will present an alternative to responding to impostor thoughts with more adaptive thinking. This workshop will use the character of Batman as an example of someone who—surrounded by people with strengths and skills that he doesn’t have—still recognizes his unique value and contributions. Attendees will learn about the risk factors and effects of Impostor Phenomenon, but will also leave with strategies for both preventing and overcoming impostor phenomenon.

Room: Key West BC

Getting Uncomfortable: Navigating What We Don’t Trust About Ourselves For Better Self-Care

Pamela Gurley, *Clark and Hill Enterprise*

We all know the importance of self-care. Eating right, exercising, and getting enough sleep are essential for maintaining our health and well-being. However, another critical aspect of self-care is often overlooked: getting comfortable with the parts of ourselves that we don’t necessarily trust. We all have aspects of our personality that we don’t like or make us uncomfortable. Maybe you’re shy or

introverted and don’t like speaking up in groups. Perhaps you have a history of making poor choices when it comes to relationships. Whatever the case, it’s essential to get comfortable with these parts of ourselves if we want to truly take care of ourselves. When we avoid or suppress these aspects of our personality, it can lead to feelings of stress, anxiety, and even depression. So how do we get comfortable with the parts of ourselves that we don’t trust? Learn four tips to elevate beyond personal discomfort and have better self-care and overall wellness. After this session, you’ll be able to trust your intuition and make healthy choices; understand the Power of “I” and the Power of “No;” acknowledge if fears and doubts are based on ideals or reality; define what authentic self-care looks like for you (and it is not the same for everyone); and develop healthy boundaries for personal and professional growth.

Room: Key Largo A

The Power of Personal DECISIONS

Andrea Mosby, *Campuspeak*

Andrea Mosby offers a warm, funny, and motivational program that reminds students of the importance of thoughtful decisions in their lives. College students are faced with tough choices on a regular basis. With so many options today, students need to learn confidence in their ability to lead, as well as make good decisions to make positive changes in their organizations and community. They need to seek options that are in alignment with their values and goals. Using the acronym DECISIONS, students will learn to take control of their lives, see how to lead themselves and have a solid and successful connection to how they can positively impact their communities and the world. Learning outcomes of this session include helping students take back their personal power, see their personal strength in making a difference by overcoming the challenges, and create a narrative that is true to a positive outcome in their lives.

Room: Key Largo BC

4:00–5:00 PM

NETWORKING RECEPTION

Enjoy pizza and snacks as you meet and network with attendees and speakers.

Room: Fountain Plaza

7:30–9:30 PM

OPEN MIC

Hosted by: Jonathan Cabrera

Got talent? Step up to the mic and show us who you are! Sshow off your voice, flow, musical ability, or other skills!

Room: Florida Ballroom 1-4

SATURDAY, NOVEMBER 19

7:30–8:15 AM

CONTINENTAL BREAKFAST

Room: Florida Ballroom 1-4

8:15–10:00 AM

LEADERSHIP LAB

Learning to Love Your Leadership Style

Dar Mayweather, MS, *University of North Carolina Wilmington*

In this all-conference interactive student workshop, you'll learn about leadership traits, identify your leadership style, and learn how to develop leadership skills. Head into your NCSL sessions to apply this new knowledge.

Room: Florida Ballroom 1-4

10:15–11:15 AM

21ST CENTURY LEADERSHIP

Goals are Dreams with ACTION

Khalyn Williams, *The Student Success Network (TSSN)*

Almost everyone has heard of or participated in goal setting, making a resolution, or creating SMART goals. Yet, only eight percent of people who set their goals at the start of the year remain committed with their intentions after 30 days. Are you a part of this eight percent or do you find yourself wanting to reach your goals but neglecting them? The Student Success Network wants every student that attends this workshop to be ready to execute what they set out to achieve. The purpose of this session is for each student to elevate their mindset on how to create a relevant target attached with an intentional plan. After attending this session, you will discover a duplicatable goal process to apply every year, month, and week thereafter.

Room: Florida Ballroom 7

Emotional Intelligence: Let It Guide Your Leadership Philosophy!

Matthew Shupp, *Shippensburg University*

Although some people define intelligence as being the smartest in the class or on a job, being “smart” can have many different meanings. For instance, you can be smart about yourself and others—you can have intelligence about your emotions and how you interact with people in certain contexts and situations. This, at its core, is emotional intelligence (EI). Believing that leaders are made and not born, and that leadership crosses boundaries and borders, this presentation introduces participants to the basic

tenets of emotional intelligence. Participants will examine their own strengths and weaknesses as it relates to EI so they can successfully adjust their interactions with individuals and organizations that may have significantly different worldviews. Through this session, students will dissect the tenets of Emotionally Intelligent Leadership in order to understand how change occurs at a practical level; construct their own unique model/theory of leadership in a higher education setting; and become acquainted with characteristics of management and leadership within the environment of higher education and to be able to employ these characteristics.

Room: Key West BC

Barz That Raise the Bar: The Art of Endurance

Jonathan Cabrera, *Abstract Lifestyle*

Ever been hit with so much at once that you wonder how you are going to get through the semester? What about getting through life? It is difficult for anyone to fulfill their role as a leader in society when things seem to be falling apart personally? We will discuss ways to develop the skills and tools mentality needed to endure through rhymin' and freestylin'. Spittin' barz that raise the bar. You will learn what endurance is and why it is a needed tool in leadership, reflect on how you have exhibited endurance and how you can continue to reflect it constantly, and learn other individual endurance stories from participants.

Room: Key Largo A

Build a Bridge—And Get Over It

Jennifer Valtos, *Life University*

As leaders, you are often required to engage with others in environments that can be personally and professionally challenging. Sometimes these situations can lead to conflict. When that happens? What do you do? What is your default mode for dealing with conflict? Do you avoid it? Actively ignore it? Hope it goes away on its own? Do you just wish to resolve conflicts? Or, do you embrace conflict recognizing that it can lead to constructive change? You have the ability to engage in conflict transformation! OK, many of us might not be at this stage yet and it is a skill we continue to develop. This session will share concrete tools we can use to move beyond conflict resolution so we can engage in conflict transformation. Participants will have an opportunity to practice hands-on skills they can use in their leadership positions on campus. Through this session, participants will learn the basic outline for nonviolent communication, they will explore the definition of conflict transformation and how they can use the concept of conflict transformation in their organizations, and they will outline how using nonviolent communication and conflict transformation might be helpful to their organizations.

Room: Key Largo BC

10:15 AM–12:30 PM

ADVISOR EXPERIENCE

Training & Facilitation Best-Practices

Jonathan Kroll, *Leadership Trainer*

The entire morning for Day 2, will be spent immersed in facilitation best-practices. Specifically, we'll engage in activities and dialogue on the importance of training preparatory measures, identity exploration and development; navigating training obstacles; and healthy communication practices.

Room: Florida Ballroom 5-6

11:30 AM–12:30 PM

LEADERSHIP FOR CHANGE AND INCLUSIVITY

Courageous Conversations! Cultivating a Climate of Civility, Respect, and Inclusion

Jermaine M. Davis, *Jermaine M. Davis Seminars and Workshops, Inc.*

Are offensive comments, inappropriate behaviors, and disrespect interfering with your ability to communicate, cooperate, and collaborate with others? When toxic behaviors persist, go unacknowledged, and unmanaged—trust, morale, and motivation, quickly erodes. We cannot escape conflicts and disagreements in our personal and professional lives. However, we can learn to deal with them more effectively by learning how to engage in courageous conversations and lean into difficult dialogues with competence, confidence, and diplomacy. How do you manage emotions when they run high? Have you ever heard, you shouldn't discuss race, religion, or politics? Well, what do you do when these conversations organically emerge? Do you welcome and embrace them? Or do you run and hide? Those who live, lead, and work with an inclusive lens create brave and safe spaces for courageous conversations.

Room: Florida Ballroom 7

The Power of Inclusivity: Strategies For Creating Change Through Inclusivity-Based Leadership

Pamela Gurley, *Clark and Hill Enterprise*

In our fast-paced world, change is constant. Yet too often, organizations or its leaders find themselves gridlocked by tradition and risk averse thinking. But dynamic work teams are no longer built on that type of thinking. So how can we create change in a way that allows for both evolution and inclusion? inclusivity-based leadership is a great approach! You will learn how to be an inclusive leader, examples of successful inclusivity-based leadership, and how inclusivity leads to better decision-making.

Room: Key West BC

Secure the BAG

Liska Wilson, *MNT Development*

Secure the BAG is a strategic planning workshop, workbook, and mastermind that focuses on strategic thinking and team development—top skills leaders need to be successful in leading themselves and others to success. This session exposes participants to strategic thinking tools and team development ideologies that will support them in leading themselves and their teams. SWOT and SMART are two familiar frameworks that will be shared. HARD and KSEC are two lesser-known frameworks that participants will learn to help them assess and move plans forward with confidence. This Secure the BAG process has been used to reach fundraising targets, launch businesses, grow programs, and accomplish other complex but meaningful goals for the past 10+ years. Participants who have a goal or project in mind will get the most out of this session.

Room: Key Largo A

SELF-CARE & WELLNESS

Failure is a Tool to Success

Kyla Cofer, *Kyla Cofer Coaching & Consulting*

The fear of failure can stop you from going after your goals. But what if failure isn't something to fear, but something to embrace? Reprogramming our minds to accept failure relieves stress and contributes to our overall wellbeing. This workshop discusses the value of failure and how to use it to your advantage. Leave this session understanding how to: focus on the process, not the outcome; create goals, and redefine them; define success on your own terms; and the best way to say, "I'm sorry."

Room: Key Largo BC

12:45–1:45 PM

LUNCH

2:00–3:00 PM

LIFE SKILLS AND PERSONAL DEVELOPMENT

Self-reflection: The Foundation for Starting Your Career

Jodi Schumacher, *Eastern Michigan University*

In this session students will self-reflect on their leadership skills and use that information to develop interviewing skills. The self-reflection allows them to discover what is inspirational to them, what is frustrating for them, and how to appropriately present these in an interview. There is a direct correlation with self-reflection and developing life skills and personal growth. This workshop teaches students how to use their self-reflection to prepare for interviewing. At the conclusion of the workshop student leaders will understand the importance of self-reflection, how to find careers that match their self-inspirations, and how to apply it to their interview process.

Room: Florida Ballroom 7

Playing the Cards You're Dealt: Your Personal Pathway to Career Success

Ja'Bette Lozupone, *Wishful Doing*

To learn to lead you must first learn how to live. Find success in your personal and professional life by mastering life skills beyond technical knowledge and expertise. Master developing a vision, embracing vulnerability, leading with integrity, and more to excel as a leader and get results. Attendees will learn strategies for vision setting, creating luck and opportunities, moving through and leveraging adversity, cultivating a growth mindset, and finding courage in the face of fear. At the end of the session, participants will leave with actionable steps and strategies to live and lead in their purpose.

Room: Key West BC

I Am My Habits

Cybel Betancourt, *Buenas Cosas*

If who you are is a reflection of what you do, then... What do you do? When we think of things, we do it on auto-pilot without thinking, these are called habits. They are ingrained in the way we act; therefore, they are a direct reflection of who we are. If that's your truth, do you want to be where you are right now? Give yourself the opportunity of figuring out the habits that define you and let's build together new ones to take you where you want to be. Through this session, you will identify who you currently are and the direct impact your habits have on you, identify who you want to be and understand how habits affect the lifestyle you want to achieve, learn how to develop habits that allow you to achieve the best version of yourself, and explore how creating the right opportunities, making it easy on yourself, and rewarding yourself can help you achieve new habits.

Room: Key Largo A

Learning to Be Comfortable with Our Discomfort

Andrea Mosby, MA, *Campuspeak*

This session is based on life skills and personal development. It helps students see how their unique worldview has a place to make not just their college experience rich, but the society they will impact after college. We live in a time where sound bites are the entire conversation as opposed to communicating our similarities for clarity and understanding. We must push through what is comfortable and be willing to be stretched so we can build the type of world where individuals feel safe, valued, understood, and appreciated. Leaders must have confidence in their ability to have the type of impact that changes attitudes and misunderstandings. Stepping out of our comfort zones helps us to realize that is what change agents do to change the world as a Leaders. You will reflect on your core view vs. worldview, learn to pause for understanding, and recognize that differences are to strengthen us.

Room: Key Largo BC

ADVISOR EXPERIENCE

Celebrations and Certificates

Our final session of the train-the-trainer experience will be to intentionally tether our learning, celebrate our time together, and provide certificates-of-completion for this experience.

Room: Florida Ballroom 5-6

2:00–3:00 PM

LEADERSHIP LAB

What is Your Leadership Superpower?

Dar Mayweather, *University of North Carolina Wilmington*

Bundle your primary trait, style, and skills into a personal leadership package that you'll use on campus and in the work world to emphasize your superpower and how it will benefit the teams you lead. Go home with a clear vision of your leadership self and how you will make a difference.

Room: Florida Ballroom 1-4

NCSL MEMBERSHIP

ATTEND NCSL AND RECEIVE A FREE NCSL MEMBERSHIP FOR YOUR CAMPUS!

Get the support your campus needs to implement leadership strategies year-round! Your NCSL Campus Membership benefits begin following your second NCSL attendance.

NCSL Membership benefits include:

- One FREE conference registration for a student advisor at your campus*
- Engraved membership wall plaque acknowledging your commitment to student leadership excellence
- NCSL updates including student leadership resources and special offers
- Anytime access to NCSL leaders to answer your toughest leadership questions
- PLUS – A \$20 VISA gift card for each attendee to use for personal incidentals, snacks, extra meals, etc. (Receive at conference check in)

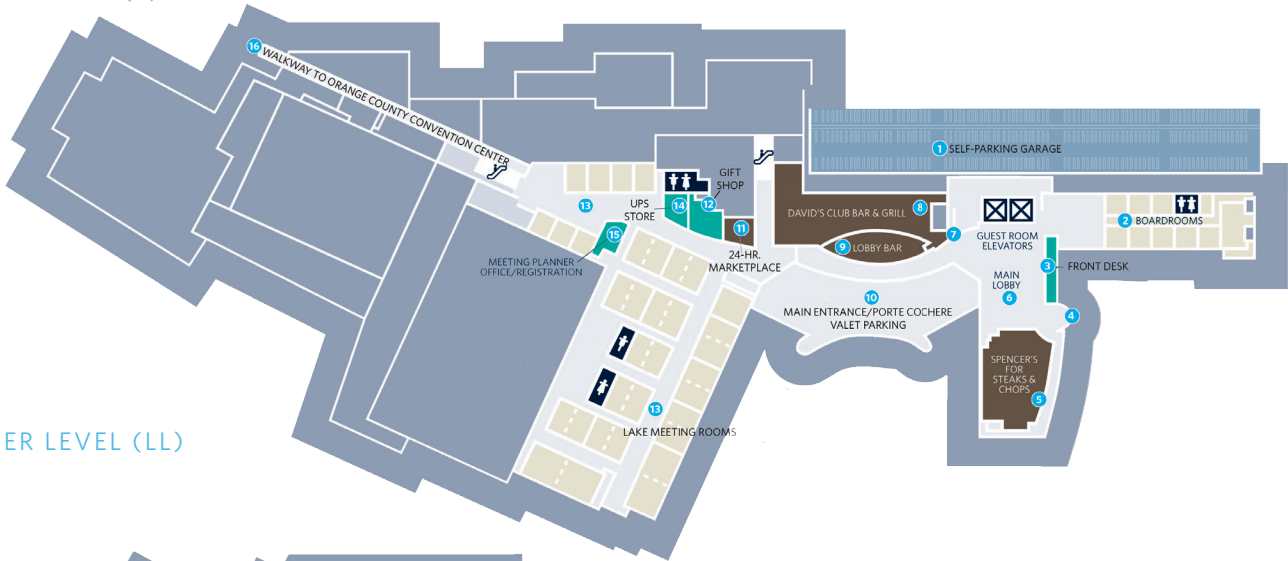
**Contact customer support for the link to receive the free registration.*

Join the most widely attended student leadership conference in the U.S. since 1978. Continually evolving to meet the needs of today's student leaders—that's NCSL!

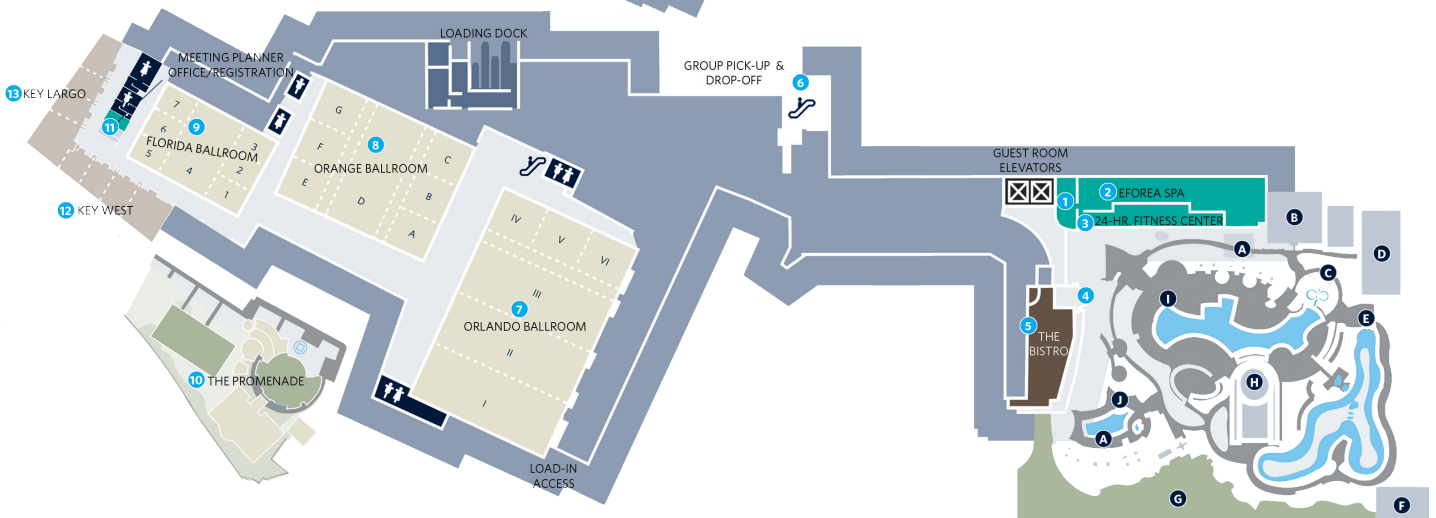


HOTEL LAYOUT HILTON ORLANDO

LOBBY LEVEL (L)



LOWER LEVEL (LL)



LOBBY LEVEL (L)

- 1 Self-Parking Garage
- 2 Boardrooms
- 3 Front Desk
- 4 Grand Staircase
- 5 Spencer's for Steaks and Chops
- 6 Main Lobby
- 7 Bell stand, Concierge Desk, Boarding Pass Station
- 8 David's Club
- 9 Lobby Bar
- 10 Main Entrance / Valet Parking
- 11 The 24-hr. Marketplace
- 12 Gift Shop / Destination Essentials
- 13 Lake Meeting Rooms
- 14 UPS Store
- 15 Meeting Planner Office / Registration
- 16 Walkway to Convention Center

LOWER LEVEL (LL)

- 1 Entrance to eforea spa & 24-hr. Fitness Center
- 2 eforea spa
- 3 24-hr. Fitness Center
- 4 Grand Staircase
- 5 The Bistro
- 6 Group Pick-up / Drop-off
- 7 Orlando Ballroom
- 8 Orange Ballroom
- 9 Florida Ballroom
- 10 The Promenade
- 11 Meeting Planner Office / Registration
- 12 Key West
- 13 Key Largo

LOWER LEVEL (LL)

POOL AND RECREATION

- A Poolside Cabanas
- B Basketball Court
- C Waterslide
- D Volleyball Court
- E Lazy River
- F Tennis Court
- G Putting Green / Jogging Track
- H Tropics Pool Bar & Grill
- I Main Pool
- J Quiet Pool