



\*National Conference on Student Leadership

**NOVEMBER 17-18, 2023 • ORLANDO, FL**



## CONFERENCE WELCOME

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We eagerly look forward to our student leadership conferences because of the friendly, talented, and dedicated people we meet. I am especially excited to welcome you to the National Conference on Student Leadership and I look forward to seeing you at many more. I have confidence you will return to your campus with new ideas, new enthusiasm, and maybe some new professional colleagues. If you have a chance, please stop by the registration desk to say hello and let us know if there's anything we can do to improve your experience here.

Sincerely,

**William H. Haight**

President of Magna Publications, producer of the  
National Conference on Student Leadership

## NCSL STAFF

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*The Magna Publications team is here to assist you throughout the conference. Please contact us if we can be of service.*



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## GENERAL INFORMATION

We eagerly look forward to our student leadership conference because of the inspiring, talented, and dedicated leaders we meet. We are especially excited to welcome you to the National Conference on Student Leadership, and look forward to seeing your journey. We have confidence you will return to your campus with new ideas, new enthusiasm, and new professional skills. Let us know if there's anything we can do to improve your experience.

### Networking Opportunities

- Attend the reception
- Attend as many sessions as possible
- Use the breaks between sessions to continue conversations
- Share a meal with someone you don't know
- Attend Game Night
- Use the community portion of the conference app to plan social time or connect with other attendees beyond the conference
- Post to social media #NCSL23

### Wi-Fi

Enjoy complimentary Wi-Fi in the meeting rooms using the password: **magna@NCSL23** (*case sensitive*)

### Name Badges

Name badges are required for all sessions, meals, and plenary presentations. Please wear your name badge at all times. If you lose your name badge, please see a conference staff member at the registration desk for a replacement.

### Evaluation

You will receive an electronic survey after the conference via email. Please take note of the sessions you attend and complete the survey! Your feedback helps us improve future programs.

### Sessions

Please keep in mind that sessions are available on a first-come basis and seating may be limited. Please be prompt; some sessions will fill early. Please have your second and third choices ready. If you attend a session and realize it's not for you, please feel free to leave and join another session.

### Conference App

Download the conference app from your app store for many features including networking, scheduling sessions, speaker handouts, and alerts about changes or updates to the program schedule.

- Search and download "Bizzabo" in your app store
- Enter the email address you registered with
- Click the NCSL Conference

### Meals

Your registration includes a plated lunch and a pizza reception on Friday, and a continental breakfast and plated lunch on Saturday. If you selected any dietary restrictions on your registration, you will be provided with special meal tickets. Present these tickets to the hotel banquets staff at lunch.

### Stay Connected

Connect with other attendees using the conference hashtag #NCSL23, and stay connected with us all year by following us on social media.



@NCSLConference



@nslconference\_



@NCSLConference

# PROGRAM-AT-A-GLANCE

Color Key: *All Attendees* *Advisor Experience* *Student Workshops*

## FRIDAY, NOVEMBER 17

8:00am–3:30pm	Registration Open
9:00–10:30am	Opening Keynote: The Bounce-Forward Factor: How to Thrive When You're Feeling Overwhelmed
10:45–11:45am	Student Workshops: Communication for Leaders
10:45–11:45am	Advisor Experience: Welcome, Community Building, and Program Overview
11:45am–1:00pm	Lunch
1:15–2:15pm	Student Workshops: Networking for Leaders
1:15–4:00pm	Advisor Experience: Experiential Learning and Reflective Dialogue: Overview and Hands-on Practices
2:30–3:30pm	Student Workshops: Self-care & Wellness
3:30–5:00pm	Career Corner
4:00–5:00pm	Networking Reception
7:30–9:30pm	Game Night

## SATURDAY, NOVEMBER 18

7:30am–4:30pm	Registration Open
7:30–8:30am	Continental Breakfast
8:45–10:15am	All-Conference Leadership Event: Leadership Lab
10:30–11:30am	Student Workshops: 21st Century Leadership
10:30am–12:45pm	Advisor Experience: Training & Facilitation Best-Practices
11:45am–12:45pm	Student Workshops: Life Skills and Personal Development
12:45–2:00pm	Lunch
2:15–3:15pm	Student Workshops: Leadership for Change and Inclusivity
2:15–3:15pm	Advisor Experience: Celebrations and Certificates
3:30–4:30pm	Closing Keynote: Become an Overcomer: How to Let Go of Negative Self Talk and Live Intentionally!
4:30pm –	Certificates Available and Conference Adjourns

## Student Workshop Blocks

### 21ST CENTURY LEADERSHIP

Leadership skills with an emphasis on developing critical thinking; creativity; collaboration; communication; information, technology, and media literacy; flexibility; initiative; productivity; and social skills.

### COMMUNICATION FOR LEADERS

Sessions will help students master articulating a vision, communicating in groups, presenting to stakeholders, and other aspects of public motivational speaking.

### NETWORKING FOR LEADERS

Creating and expanding a personal network is a critical leadership skill. Workshops in this category help students create meaningful connections and build impactful relationships.

### LEADERSHIP FOR CHANGE AND INCLUSIVITY

Whether it is striving for social justice, working to reduce food deserts in the community, promoting campus civility, or other cause-driven initiatives, this work requires exceptional leadership skills.

### LIFE SKILLS AND PERSONAL DEVELOPMENT

Workshops in this block teach the leadership skills students need to prepare for the world that awaits beyond the traditional college and university walls.

### SELF-CARE AND WELLNESS

Mental and physical health are key components of success. These workshops focus on mental health, self-care, and wellness for students.

# ADVISOR TRAINING EXPERIENCE

## SPECIAL PROGRAM FOR ADVISORS!

If you are a student leadership advisor, plan to attend the **Advisor Training Experience** presented by **Leadership Trainer**. Advisors will receive a specially curated, comprehensive, and engaging train-the-trainer experience. Specifically, **Leadership Trainer** will lead a hands-on experience for student leader advisors that enhances their leadership training and facilitation skills—particularly with experiential learning and reflective dialogue.

Advisors will learn inclusive best-practices to ensure all participants can access the training message and material, internalize learning, and apply their learning to their practice. This is achieved through:

- Facilitating experiential learning activities
- Hosting reflective dialogue
- Coordinating training preparatory measures
- Engaging in identity exploration and development
- Navigating training obstacles
- Communicating effectively as a trainer

## STUDENT LEADER ADVISOR INCENTIVES

NCSL student leader advisors will receive a dynamic and engaging leadership train-the-trainer experience as well as other bonuses, goodies, and incentives. Specifically, this includes:

- A specially curated training curriculum led by master trainers and expert facilitators.
- Hands-on learning opportunities to experiment with dynamic facilitation techniques.
- A digital copy of Leadership Trainer's 330-page Training Manual. This includes overviews of dozens of leadership theories and practices, an in-depth review of Leadership Trainer's Narrative Approach (methodology and pedagogy), instructions on how to facilitate an extensive array of experiential learning activities, and space for reflections and notes—all packaged in a colorful, creative, engaging, and inspired format.
- A trifecta of digital resources including our:
  - Training Preparation Checklist,
  - 90 Ice-Breaker Questions for Meaning and Depth, and
  - 18 Go-to Reflective Dialogue Questions pdfs.
- Access to Leadership Trainer's private Facebook group and unlimited monthly Jam Sessions to further their leadership training and development.
- Intentional networking and relationship-building opportunities—at NCSL and beyond—with a community of passionate leadership educators.

## LEADERSHIP TRAINER PRESENTERS



### Jonathan Kroll

Jonathan Kroll, PhD, is the founder, executive director, and master trainer at Leadership Trainer. He began his career as a university administrator by focusing on leadership development, community engagement, and reflection initiatives. He has co-founded two leadership training businesses in addition to Leadership Trainer. Over the last decade, Jonathan has facilitated over 300 leadership workshops, retreats, trainings, and conference presentations, including classes to thousands of participants across four continents. In addition to serving as executive director and master trainer with Leadership Trainer, Jonathan is a lecturer in the Professional Leadership Studies program and acting director of academic programs in the School of Professional Studies at the University of Rhode Island.



### Terrian Garvis

Terrian Garvis is the assistant director for the Triandiflou Institute for Equity, Diversity, Inclusion, and Transformative Practices at SUNY Oswego. He sees his work as being a vital connector. Garvis works with faculty, staff, and students to educate, work together towards, and amplify the diversity, equity, and inclusion efforts to become a space for all. He works with a team to deliver engaging and informative presentations around microaggressions, dialogue, and social identity. Additionally, he works with multiple campus constituents to educate our community about identity and religious-related observations. Garvis is also involved in his fraternity, Iota Phi Theta Fraternity, Inc. and facilitates mindfulness-based activities with his team..



### Sarah Edwards

Sarah Edwards, PhD, is a student affairs professional with over 15 years of experience focusing on student success, student organization advising, and student involvement. Sarah currently serves as the director of Student Involvement and Leadership Programs at New Mexico State University where she oversees areas including fraternity and sorority life, student media, student government, leadership engagement & traditions, campus and community programs, and student organization training and development. She earned her PhD in higher education at Azusa Pacific University.

## WERE YOU CERTIFIED AT LAST YEAR'S NCSL?

You'll join our graduate program for even more in-depth training and a chance to practice your skills during NCSL.

## FRIDAY, NOVEMBER 17

8:00 AM–3:30 PM

### REGISTRATION OPEN

Registration is open to all participants.

Room: Florida Foyer

### ADVISOR & PRESENTER LOUNGE

This lounge will be set for advisors and presenters alike to network or find a quiet place to catch up on work while students attend sessions.

Room: Florida 6-7

9:00–10:30 AM

### CONFERENCE WELCOME & KEYNOTE

#### The Bounce-Forward Factor: How to Thrive in Life, School, and Work When You're Feeling Overwhelmed

Jermaine Davis, *Jermaine M. Davis Seminars & Workshops, Inc.*

Adversity and hardships are a fact of life. Tough times in life, school, and work are unavoidable. Don't worry! By learning and practicing the Bounce-Forward Factor, you will learn how to thrive in the midst of chaos, high-stress, and uncertainty. In this engaging and interactive keynote, Dr. Jermaine M. Davis will share practical tips on how to emotionally and psychologically Bounce-Forward when life, school, and work leave you feeling drained, depleted, and overwhelmed. The Bounce-Forward Factor will teach you how to flourish during life's most difficult moments. You will leave this presentation feeling motivated and inspired to live a life by design rather than by default. This keynote presentation is based on Dr. Jermaine's best-selling book, *How to Stay Motivated Even When You Don't FEEL Like It!* Get ready to laugh and of course have fun, as you learn how to thrive and succeed utilizing the Bounce-Forward Factor.

Room: Florida Ballroom 1-4

10:45–11:45 AM

### ADVISOR NETWORKING

#### Advisor Networking Coffee

Advisors are encouraged to grab a warm drink and mingle in the Advisors' Lounge. Share experiences and challenges facing your roles and get to know the other advisors at the conference to expand your own network.

Room: Florida 6-7

### COMMUNICATION

#### Cultivate Strengths, Not Deficiencies—Breakthrough Success

Sharod Tomlinson, *St. John's University*

Learn about breakthrough skills for your personal and professional life. These core values become the scaffolding for a new leadership model. They are designed to expand the way you think about change, resources, planning, and leadership. This session teaches how strengths-based development is unique in that it builds on one's areas of greatest potential; a better understanding of benefits of coaching and mentoring; and how to focus on achieving collective results—the ultimate goal of building greater trust, commitment, and accountability.

Room: Key Largo A

#### Unlocking Your Fullest Potential by Learning the Art of Public Speaking

Nicki Joiner, *Nicki Joiner Consulting LLC*

Are you ready to take your public speaking skills to the next level? Everyone has a story, and the goal of this workshop is to help you maximize yours! Leaders are most effective when they can garner buy-in, and good public speaking skills will help you do that. Whether it's delivering your report in an organization's meeting or presenting for a class project, this workshop will help you conquer your fears and deliver powerful words that will leave a lasting impression. We'll cover everything from captivating storytelling to persuasive delivery techniques.

Room: Key Largo BC

#### Learning to Be Comfortable in Your Discomfort

Andrea Mosby, *Campuspeak*

One of the hardest positions to be in is to be uncomfortable and stay in a dialogue that moves a conversation, issue, or topic forward for the betterment of the whole. It is necessary to have hard conversations so we can find out we have more in common than the differences that sometimes keep us from being able to hear one another. Learning to Be Comfortable in Your Discomfort is an opportunity to move the needle in our lives so that we can truly deal with the issues of the day, versus just checking off another agenda item.

Room: Key Largo D

#### Communication Through Leadership: How to Express a Vision that Creates Movement

Samuel Brown, *Faith and Effort, LLC*

Master the skills to create, pitch, and implement successful leadership programs and initiatives, including how to articulate a vision, communicate to a group, effectively present to stakeholders, and excel at public motivational speaking. During the session, learn the key strategies in making an impactful program or initiative. You will



have the opportunity to apply learned strategies to create a leadership program or initiative of your own. Students will leave this session equipped with the tools and confidence to replicate the activity on their campuses with a simple three-step model for creating, pitching, and implementing leadership programs and initiatives.

*Room: Key West A*

### **Influencing Up, Down, and Across Your College Campus**

*Jermaine Davis, Jermaine M. Davis Seminars and Workshops, Inc.*

Can you effectively influence up, down, and across your college campus? Do people really listen when you talk? Can you assess a situation quickly and adapt your message to accomplish your communication and leadership goals? Do you know how to authentically motivate and inspire others to take positive action across your college campus? In this engaging session, Jermaine will share his latest research on how leaders can use the principles and practices of communication and influence to increase team collaboration and institutional effectiveness. This presentation is based on his bestselling book, *Leading with Greatness! Moving from Chaos and Conflict to Communication and Cooperation*. Get ready to laugh, learn, and of course have fun! You'll learn how to motivate others using the practices of relationship-based and task-based leadership; create an authentic leadership brand utilizing the Likeability Factor; build a culture of appreciation and celebration using the R.A.P. Philosophy; rebuild and restore employee and leadership trust utilizing the 4 A's Approach; lead with positivity and optimism by utilizing facilitative emotions; and communicate effectively and efficiently as a leader utilizing the Carpenter's Rule.

*Room: Key West BC*

11:45 AM–1:00 PM

### **LUNCH**

*Room: Florida Ballroom 1-4*

1:15–2:15 PM

### **NETWORKING**

#### **Empathy is the Road to Success**

*Cybel Betancourt, Buenas Cosas, LLC*

Empathy is the number one skill currently sought after, however, they don't necessarily teach you this in college. Working with others or speaking with others can be a challenging task. As a leader it's important to develop empathy because it allows you to build your collaboration, communication, and social skills. Come and join me on a fun and energetic journey to empathy on the road to success.

Learning objectives: Understand empathy as a skill; build and develop lasting, meaningful connections for collaboration; and practice three empathetic strategies that you can implement immediately.

*Room: Key Largo A*

#### **Relationships Aren't the Biggest Thing, They Are the ONLY Thing**

*Jennifer Valtos, Penns Grove Carneys Point School District and  
Rebecca Koch, Life University*

As leaders, you are often called upon to engage with others in environments that can be extremely beneficial or potentially harmful. What would your relationships be like if you could interact with others in a way that avoided actions and attitudes that could cause harm? What if you could learn to cultivate attitudes that helped others? How might your relationships improve if you were able to look at them through a lens of impartiality and common humanity (maybe even filtered with some gratitude)? This session will look at relationships and share concrete tools to build more beneficial relationships with others, even those you have just met or with whom you may have a difficult past. The session will provide an opportunity for participants to receive information regarding impartiality and common humanity. The session will also discuss how these skills can be used to build better relationships and cultivate greater connections with others. The participants will have an opportunity to engage in activities with other participants as they practice some of the skills we will learn.

*Room: Key Largo BC*

#### **Crafting Your "Why" Statement**

*Cassandra Gonzalez, Lehigh University*

In Simon Sinek's words, "People don't buy what you do; they buy WHY you do it. And what you do simply proves what you believe." Because of this, everyone should have a "why" to be successful in their current and future endeavors. Not only is it important to know your "why," but it is also important that you can clearly articulate it to use during a networking event, interview, or informal conversations. Through this workshop, students will understand one of Simon Sinek's powerful ideas, The Golden Circle, and have an opportunity to discuss their goals, skills, and ambitions with their peers in small group discussions to help narrow down their overall why. Students will leave this session with their own authentic "why" statement that they can add to their elevator pitch and utilize during future networking opportunities!

*Room: Key West BC*

1:15–4:00 PM

### **ADVISORS EXPERIENCE**

#### **Experiential Learning and Reflective Dialogue**

*Jonathan Kroll, Leadership Trainer*

Experiential learning activities and reflective dialogue, when utilized in tandem, are what enables training experiences to be transformative. During this session block, student leader advisors will explore the core facets and nuances of experiential learning and reflective dialogue before having ample time to experiment—as both participants and facilitators—of them.

*Room: Florida 5*

2:30–3:30 PM

## SELF-CARE & WELLNESS

### The Power of Personal DECISIONS

Andrea Mosby, *Campuspeak*

The Power of Personal DECISIONS deals with helping students to understand the importance of making DECISIONS that strengthen their mental health as well as their belief in their ability to make a true difference in their lives. Hear stories and examples that deal with the heart of the matter and to recognize their uniqueness. It will also help them see that there will be times that they will have to make a DECISION that may not be popular but lets them live with principle.

Room: Key Largo A

### Does Batman Really Belong in the Justice League? Fighting Impostor Phenomenon

Benjamin Jeppsen, *Augustana University*

This workshop explores Impostor Phenomenon—a subjective experience in which people doubt their accomplishments and have a persistent fear of being discovered as a fraud. Impostor Phenomenon is more common than most think and is prevalent in both men and women in higher education. Impostor Phenomenon is especially common in high achieving students and leaders—especially early career leaders. Impostor Phenomenon is associated with anxiety, depression, low self-esteem, and eventually burnout. Though these supposed “impostors” don’t actually underperform their peers, they believe they may be inferior because they doubt the authenticity of previous successes. These cognitive patterns of self-doubt are significant but treatable! Using cognitive therapy as a foundation, I will present an alternative to responding to impostor thoughts with more adaptive thinking. This workshop will use the character of Batman as an example of someone who—surrounded by people with strengths and skills that he doesn’t have—still recognizes his unique value and contributions. Attendees will learn about the risk factors and effects of Impostor Phenomenon and will also leave with strategies for both preventing and overcoming it.

Room: Key Largo BC

### Finding the Calm in the Storm

Rebecca Koch, *Life University*

Have you ever responded to a stressful or unpleasant situation in a way that, later, you wished you had responded differently? In other words, have you ever “clapped back” as good as you got instead of taking the high road? If so, you’re not alone, but what will set you apart is learning to respond in the moment rather than from a place of old programming or past adverse events. This session will provide skills that will help you create the mental and emotional space to respond in ways that are beneficial rather than harmful to your reputation and effectiveness as a leader. Best of all, these are skills that you can practice right away to help you reduce harmful stress and achieve greater emotional and physical wellness.

Room: Key West A

### Become an Overcomer: Mental Health in Leadership

Brittany B. Richmond, *Anxiety Expert and Student Influencer*

In this session, Brittany shares her personal experience with anxiety in detail. She creates a safe, vulnerable place to connect with students through humor and emotion—from the ones who choose to interact to those quietly observing from the back of the room. Through her expertise both professionally and with her personal struggles with anxiety, she has developed a proven four-step process to help students start to develop personal coping mechanisms to help them grow into happy, healthy individuals. After this session, students will have a visual understanding of anxiety and be able to detail and execute the T.E.A.M. plan so students can have a SIMPLE roadmap to start to implement in their daily lives.

Room: Key West BC

3:30–5:00 PM

## CAREER CORNER

Are you ready to take the next step towards your future career? Join us at the NCSL Career Corner, a special event taking place at this year’s Student Leadership Conference. This exciting event has been designed with you in mind, providing invaluable resources and guidance to help you kickstart your professional journey.

Stations Include:

**Headshots:** First impressions matter, and your professional headshot is often the first thing potential employers see. Visit our Headshot Station to get a high-quality headshot taken that will make your LinkedIn profile and job applications shine.

**Resume Reviews:** Your resume is your ticket to getting noticed by employers. Bring a printed copy of your resume, and career experts will provide personalized feedback and tips for improvement.

**Mock Interviews:** Nervous about upcoming job interviews? Gain confidence by participating in mock interviews conducted by experienced professionals. Receive constructive feedback on your interview skills, responses, and body language.

Room: Florida Ballroom 1-4

4:00–5:00 PM

## RECEPTION

Room: Fountain Plaza

7:30–9:00 PM

## GAME NIGHT

It’s time to unwind, relax, and let loose! Get ready to bring out your competitive edge and join emcee Jonathan Cabrera for the highly anticipated Game Night.

Room: Florida Ballroom 1-4



## SATURDAY, NOVEMBER 18

8:00 AM–4:30 PM

### REGISTRATION OPEN

Registration is open to all participants. Stop by with any questions.

Room: Florida Foyer

### ADVISOR & PRESENTER LOUNGE

This lounge will be set for advisors and presenters alike to network or find a quiet place to catch up on work while students attend sessions.

Room: Florida 6-7

7:30–8:30 AM

### CONTINENTAL BREAKFAST

Room: Florida Ballroom 1-4

8:00–8:30 AM

### ADVISOR & PRESENTER NETWORKING COFFEE

We encourage presenters and advisors to grab some coffee and connect. Learn more about what the presenters are teaching your students. Many of our advisors invite presenters to their campus, this is a perfect chance to meet and see if someone may be a good fit for the needs of your students.

Room: Florida 6-7

8:45–10:15 AM

### LEADERSHIP LAB

Benjamin Jeppsen, *Augustana University*

Purpose is a superpower! In this Leadership Lab, participants will learn about the power of purpose in setting and achieving goals. Using a combination of the psychological science of goal setting, the research of Viktor Frankl, and Batman's only real superpower, we will draft meaningful mission statements and develop practical goals that push us toward our ultimate purpose.

Room: Florida Ballroom 1-4

10:30–11:30 AM

### 21ST CENTURY LEADERSHIP

#### Barz That Raise the Bar: The Art of Endurance

Jonathan Cabrera, *Abstract Lifestyle*

Ever been hit with so much at once that you wonder how you are going to get through the semester? What about getting through life? It is difficult for anyone to fulfill their role as a leader in society when things seem to be falling apart personally. We will discuss ways to develop the skills and tools mentality needed to endure through rhymin' and freestylin' and spittin' barz that raise the bar.

You will learn what endurance is and why it is a needed tool in leadership, reflect on how you have exhibited endurance and how you can continue to reflect it constantly, and learn other individual endurance stories from participants.

Room: Key Largo A

#### Beyond Conflict: Rebuilding Relationships

Jennifer Valtos, *Penns Grove Carneys Point School District* and Rebecca Koch, *Life University*

As leaders, one of your duties is to create and maintain relationships within your sphere of responsibility. Many times, you are required to engage with others in potentially challenging environments. When a relationship has been strained or harmed in some way, it doesn't just repair or restore itself. Restorative practices provide on-the-ground guidelines and tools for identifying and mitigating harms that are done within relationships. This session helps answer the question of how you can use restorative practices in your organizations, with your fellow student leaders, and in your personal relationships. This session will share concrete tools we can use to move beyond conflict and rebuild relationships. Participants will have an opportunity to practice hands-on skills they can use in their leadership positions as well as create a list of restorative practices that may be beneficial.

Room: Key Largo BC

#### Failing Upward: Showing Up Courageously in Spite of Fear

Erin Pompa, *Erin Pride, LLC*

During this session, you will learn to navigate their fear of failure and strengthen resilience not only as you lead your life, but also your communities. We will deconstruct ways limiting beliefs are stopping you from taking bold action, and analyze the effects one's mindset has on efforts, performance, achievements, and joy. Using my PAG framework you will learn how to reframe negative thought cycles and identify goals you want to achieve as you lead in spite of fear.

Room: Key Largo D

#### Emotional Intelligence: Let It Guide Your Leadership Philosophy!

Matthew R. Shupp, *Shippensburg University*

Although some people define intelligence as being the smartest in the class or on a job, being "smart" can have many different meanings. For instance, you can be smart about yourself and others—you can have intelligence about your emotions and how you interact with people in certain contexts and situations. This, at its core, is emotional intelligence (EI). Believing that leaders are made and not born, and that leadership crosses boundaries and borders, this presentation introduces participants to the basic tenets of emotional intelligence. Participants will examine their own strengths and weaknesses as it relates to EI so they can successfully adjust their interactions with individuals and organizations that may have significantly different worldviews. Through this session, students will dissect the tenets of Emotionally Intelligent Leadership to understand how change occurs at a practical level; construct

their own unique model or theory of leadership in a higher education setting; and become acquainted with characteristics of management and leadership within the environment of higher education and to be able to employ these characteristics.

*Room: Key West A*

### **Leadership is a Verb: Making an Impact on Campus**

Christopher Collins, *Chris C Speaks*

Where are the receipts? What quantifiable impact are you making on campus, in the community, and for your future? The answer to these questions depends on how we intentionally manage our time, energy, and focus. The right mindset combined with easy to implement strategies, will help us be better, more impactful leaders. This session gives practical tips to engage your organization and campus in a way that multiplies the impact of your efforts. Students walk away knowing the power of exposure and expectations, how to combat the pressure of “grind culture,” and why networking and collaboration are the ultimate force multipliers.

*Room: Key West BC*

10:30 AM–12:45 PM

## **ADVISORS EXPERIENCE**

### **Training & Facilitation Best-Practices**

Jonathan Kroll, *Leadership Trainer*

The entire morning for Day 2, will be spent immersed in facilitation best-practices. Specifically, we’ll engage in activities and dialogue on the importance of training preparatory measures, identity exploration, and development; navigating training obstacles; and healthy communication practices.

*Room: Florida 5*

11:45 AM–12:45 PM

## **LIFE SKILLS AND PERSONAL DEVELOPMENT**

### **Flip that Flop: Strategies for Bouncing Forward After a Setback**

Jermaine Davis, *Jermaine M. Davis Seminars and Workshops, Inc.*

Did you know 77% of all internal dialogue is negative? Accepting and believing this statistic can negatively impact you in life, school, and work. This self-fulfilling prophecy will rob you of your personal and professional dreams, goals, and aspirations. So, what’s the antidote to overcoming negative internal dialogue and conquering destructive self-talk? The antidote is learning how to Flip That Flop. What does it mean to Flip That Flop? It is the deliberate and intentional practice of turning mistakes into learning opportunities to drive success. Attendees will walk away with actionable ideas and practical tools of turning destructive and negative self-talk into healthy and optimistic self-talk so you can thrive and flourish in life, school, and work.

*Room: Key Largo A*

### **Get That Job! How to Interview Like a S.T.A.R.**

Jodi Schumacher, *Eastern Michigan University*

Learn how to interview like a STAR! Interviewing has shifted from listing your qualifications to a behavioral based approach. You will learn how to develop behavior-based answers using the S.T.A.R. method (situation, task, action, result). You will leave with personal answers to the most commonly asked questions in an interview. You will have skills that will allow you to be concise with answers but ensure the interviewer knows your abilities and skills. This method will allow you to stand out and get the career you want!

*Room: Key Largo BC*

### **What Lizzo and Cardi B Can Teach Me About Self-worth**

Cybel Betancourt, *Buenas Cosas, LLC*

Controversy can define both of these artists, however, their personal journey can be a lesson on self-worth and personal development. Just like Lizzo and Cardi B, being a leader can bring challenges, rewards, and a lot of “haters.” Developing the mental capacity to understand your value and give that to the world is a life-long task that you can start developing now.

Learning objectives: Analyze what self-worth means to you; evaluate what these two artists have done for their personal growth; and discover how you can develop a growth mentality that promotes your personal development.

*Room: Key Largo D*

### **A Better You, A Better Leader**

Pamela Gurley, *Clark and Hill Enterprise*

We all have the potential to become better leaders. But it requires that we take time to reflect and make conscious efforts to develop ourselves and our leadership capabilities. Ultimately, being a great leader doesn’t just mean understanding how to lead others; it also means understanding yourself and striving for continuous improvement both personally and professionally. Becoming a better version of yourself will not only make you more successful but will also make sure that those who look up to you feel inspired by your journey toward greatness. As the famous philosopher Confucius said: “The man who moves a mountain begins by carrying away small stones.” In this session, participants will gain six takeaways for becoming better leaders by bettering themselves.

*Room: Key West A*

### **From Rookie to the Vet: How to Maximize College Leadership for Post-College**

Natilie Williams, *Nat Will, Speak!*

College can initially be an intimidating place to grow and learn, but college is the perfect place to become the visionary student leadership. This session will help students create an actual plan to jumpstart their college takeover as memorable student leaders. We will cover three simple keys to proper goal execution: vision, action, and interaction. This session will also equip the audience with clarity on how to use campus resources to enhance their leadership

identity as they gain skills to change the world. No matter where you are in your leadership journey, this session will equip you for the next level of leadership.

Room: Key West BC

12:45–2:00 PM

## LUNCH

Room: Florida Ballroom 1-4

2:15–3:15 PM

## SELF-CARE & WELLNESS

### Awakening Your Warrior Spirit

Erin Pompa, *Erin Pride LLC*

Learn how to overcome challenging times and not be a victim of your circumstance. Using Erin's PAG framework, students gain the perspective and strategies to reframe negative self-talk, and learn how to use gratitude and acceptance to live an abundant, courageous life.

Room: Key Largo A

## LEADERSHIP FOR CHANGE AND INCLUSIVITY

### Lead Your Mind to Leadership

Sylvester Brown, *Leadership Speaker, Author and Pastor*

Leadership has powerful qualities that influence people to become the highest version of themselves. The source of every person's decision-making starts with the mindset and one of the main qualities is a way of thinking. With good leadership, organizations and individuals can succeed. In this session, students will learn how to develop within themselves the mindset of a leader. Communicating to self with certain qualities repeatedly will ensure new behaviors. Once a new behavior becomes part of a person's life, it transforms them into a different character. As the character develops, influence takes place. Leaders around the world understand that connecting to people with certain characteristics influences people. Sylvester will share principles that will help participants understand who a leader is.

Room: Key Largo BC

### The Soundtrack: A Diversity Conversation through Hip Hop

Christopher Collins, *Chris C Speaks*

This award-winning, interactive diversity program has students examining the role and influence of music in their lives. Hip hop music and culture are the most commonly used tools in multimedia outlets. The Soundtrack will have students singing and dancing all while discovering the power of diversity. The Soundtrack emphasizes the use of critical thinking skills and engages students in a conversation that examines the cultural and social effects of multimedia on diversity. Through a hip hop lens, we cover things such as race, gender issues, relationships, and leadership. Students will leave this experience understanding the power and beauty of diversity.

Room: Key West A

## Demystifying Diversity, Equity, and Inclusion in Your Organization

Nicki Joiner, *Nicki Joiner Consulting LLC*

Who is accountable for diversity, equity, and inclusion (DEI)? And what are they accountable for? While many of us are well intended with our DEI efforts...are we well informed? This session will unpack the myths of DEI and how those myths show up in the operations of our organization. We'll talk through the scope of our work and how to get more people in alignment with our efforts. This session will provide tangible strategies and initiatives you can be doing as early as TODAY to infuse DEI into your organization.

Room: Key West BC

## ADVISORS EXPERIENCE

### Advisor Experience: Celebrations and Certificates

Jonathan Kroll, *Leadership Trainer*

Our final session will be to intentionally tether our learning, celebrate our time together, and provide certificates-of-completion.

Room: Florida 5

3:30–4:30 PM

## CLOSING KEYNOTE

### Become an Overcomer: How to Let Go of Negative Self Talk and Live Intentionally!

Brittany B. Richmond, *Anxiety Expert and Student Influencer*

Mental health, much like physical health, is a muscle that needs to be nurtured to get stronger, especially as an emerging leader. With that, comes many challenges. One that dominates is negative self-talk. Becoming an overcomer means being proactive in our efforts to maintain good mental health, especially in our mindset and how we see our value. In this presentation, Brittany speaks to students about her personal struggles with mental health and negative self-talk and the steps to overcome them. Brittany believes in R&R for our mindset: Removing and Replacing. Through multiple interactive activities, she will take students on a journey of "unpacking their book bags" with what is weighing them down. Removing fears, worries, comparisons, limitations, and expectations that can be detrimental to our well-being. Students will then start to replace these items with positive habits and behaviors important to them. Relatable insights include creating a safe space for difficult conversations, showing students that they are not alone in their struggles, and how to take action starting today for good mental health that will serve them in their personal and professional lives.

Room: Florida Ballroom 1-4

4:30 PM

## ADJOURN

Certificates are available at the registration desk. Thank you for a great conference!

## NCSL MEMBERSHIP

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- NCSL updates including student leadership resources and special offers
- Anytime access to NCSL leaders to answer your toughest leadership questions
- PLUS – A \$20 VISA gift card for each attendee to use for personal incidentals, snacks, extra meals, etc. (receive at conference check in)

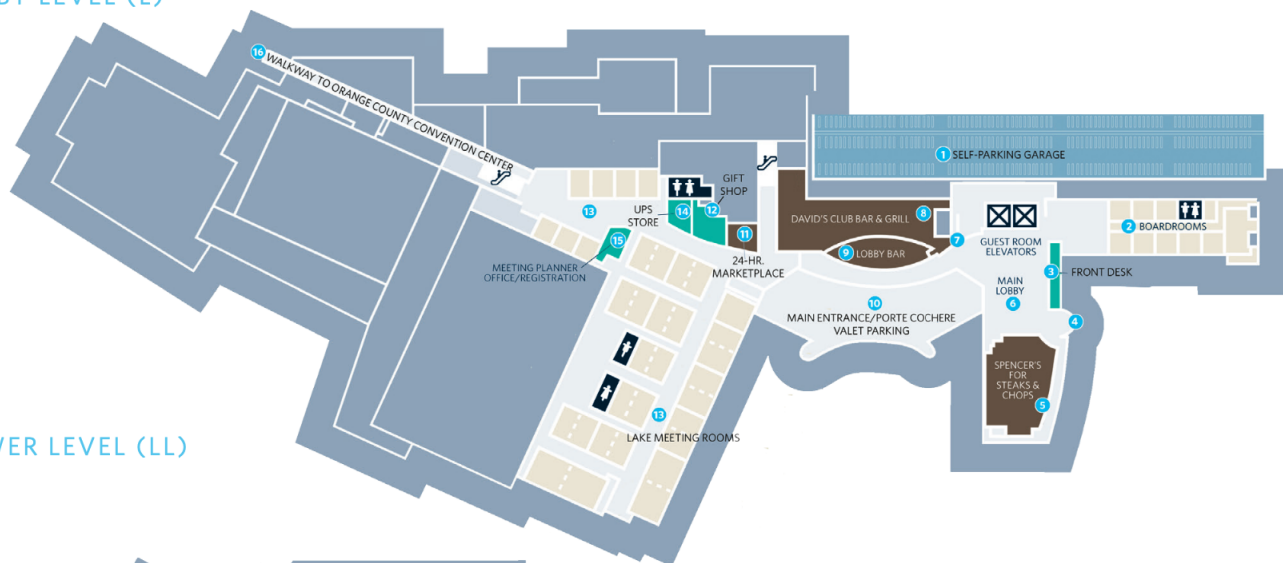
*\*Contact customer support for the link to receive the free registration.*

Join the most widely attended student leadership conference in the U.S. since 1978. Continually evolving to meet the needs of today's student leaders—that's NCSL!

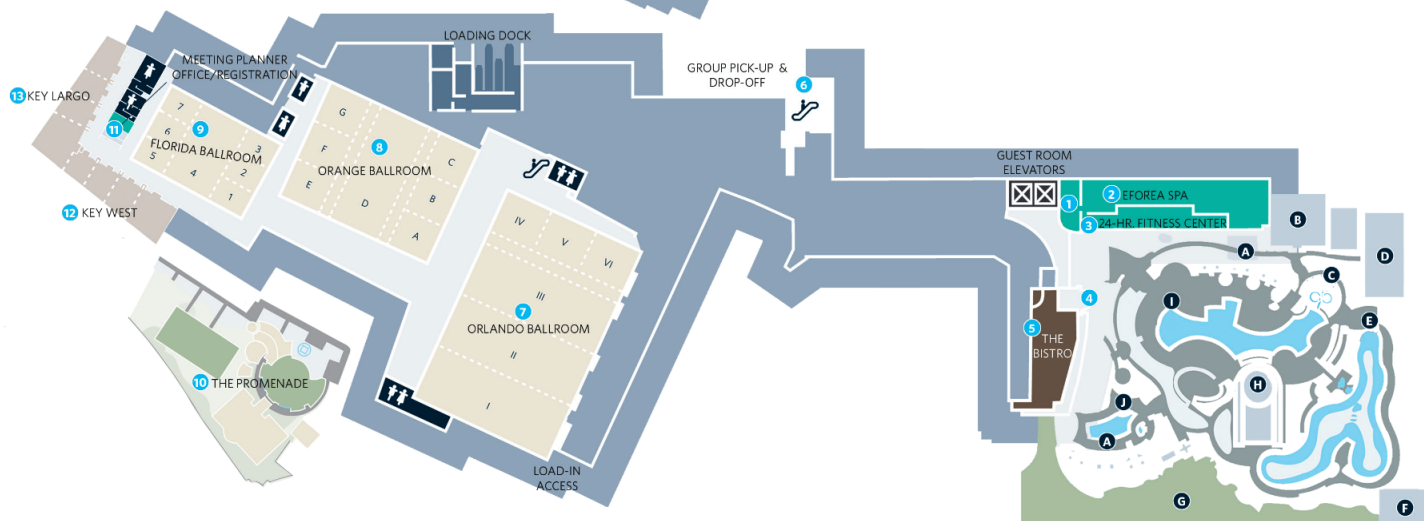


## HOTEL LAYOUT HILTON ORLANDO

### LOBBY LEVEL (L)



### LOWER LEVEL (LL)



### LOBBY LEVEL (L)

- 1 Self-Parking Garage
- 2 Boardrooms
- 3 Front Desk
- 4 Grand Staircase
- 5 Spencer's for Steaks and Chops
- 6 Main Lobby
- 7 Bell stand, Concierge Desk, Boarding Pass Station
- 8 David's Club
- 9 Lobby Bar
- 10 Main Entrance / Valet Parking
- 11 The 24-hr. Marketplace
- 12 Gift Shop / Destination Essentials
- 13 Lake Meeting Rooms
- 14 UPS Store
- 15 Meeting Planner Office / Registration
- 16 Walkway to Convention Center

### LOWER LEVEL (LL)

- 1 Entrance to eforea spa & 24-hr. Fitness Center
- 2 eforea spa
- 3 24-hr. Fitness Center
- 4 Grand Staircase
- 5 The Bistro
- 6 Group Pick-up / Drop-off
- 7 Orlando Ballroom
- 8 Orange Ballroom
- 9 Florida Ballroom
- 10 The Promenade
- 11 Meeting Planner Office / Registration
- 12 Key West
- 13 Key Largo

### LOWER LEVEL (LL)

#### POOL AND RECREATION

- A Poolside Cabanas
- B Basketball Court
- C Waterslide
- D Volleyball Court
- E Lazy River
- F Tennis Court
- G Putting Green / Jogging Track
- H Tropics Pool Bar & Grill
- I Main Pool
- J Quiet Pool